

GYM MEMBERSHIP OPPORTUNITIES FOR ESBOCES EMPLOYEES



ESBOCES is not affiliated with any health/fitness facility named within. Participation in a health fitness facility or activity is not an ESBOCES sanctioned requirement or function of employment. Membership agreements are between individual employees and the health/fitness facility.

11/08/16

BIKRAM YOGA BAYPORT
889 Montauk Highway
Bayport, NY

Enrollment Fee: None

A one-month trial membership is available for \$30. Thereafter, to receive discounted pricing of \$70 per month (payable monthly), a minimum commitment of three months is required.

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Suzanne Alagna
631-472-9642
bikramyogabayport@gmail.com

BIKRAM YOGA SETAUKET
764 North Country Road
Setauket, NY

Enrollment Fee: None

Memberships offered at 25% discount:

- single class: \$12 (normally \$16);
- 10-class card (must be used within three months): \$89 (normally \$119); and
- one-month of unlimited classes: \$82 (normally \$109).

Also available is a trial membership (unlimited month of classes) for \$30.

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ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Bill Zeh
631-751-9642
bikramyogasetauket@gmail.com
bikramyogasetauket.com

CATZ
114 Parkway Drive South
Hauppauge, NY

Enrollment Fee: None

Monthly Membership Fee: \$99

No annual contract is required.

All workouts are instructed and monitored by Certified Personal Trainers to accommodate all fitness levels. Classes are offered 7 days a week, morning and evenings. The adult training schedule is posted on the CATZ website.

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

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For more information, contact:

Eric Albala, Director of Adult Wellness and Managing Partner
631-343-4784

EricA@catzli.com

www.catzli.com

CURVES - SAYVILLE

207 North Main Street
Sayville, NY

Enrollment Fee: \$50 (\$199 for non-ESBOCES employees)

Monthly Membership Fee: \$44 (\$49 for non-ESBOCES employees)

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

No annual contract is required.

For more information, contact:

Jeannine McKenna

631-218-2916

mtherapy@optonline.net

CURVES – HOLBROOK
480 Patchogue-Holbrook Road, Unit 15
Holbrook, NY

Enrollment Fee: \$50

Monthly Membership Fee: \$44 per month (12-month commitment required)

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Ellena Young
631-472-830
Curves4women@juno.com 0

EAST ISLIP HEALTH AND FITNESS CENTER
269 East Main Street
East Islip, NY 11730

Enrollment Fee: \$99

Monthly Membership Fee: \$35

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

No annual contract is required.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below

For more information, contact:
Marissa Barrasso
631-277-7610
Marissa.eifitness@gmail.com
www.eastislipfitness.com

LA FITNESS
5 Gateway Boulevard
Patchogue, NY

Enrollment Fee: \$49

Monthly *Elite* Membership Fee: \$39

Family Members: Enrollment Fee: \$25/Monthly *Elite* Membership Fee: \$39

Membership is all inclusive (Nationwide access to any LA Fitness facility, classes, pool, racquetball, basketball, sauna, hot tub, lockers). Child care is available for \$5 per day or \$10 per month. No annual contract is required.

To qualify for discounted rate, you must activate a membership as an ESBOCES employee on or before April 29, 2016.

Previously established ESBOCES employee memberships will be converted to *Elite* memberships for \$39 per month (contact representative listed below).

For more information, contact:
Scott Stromberg- Patchogue General Manager
631-492-7911
Scottstrom1985@gmail.com

MVP FITNESS
100 Parkway Drive South
Hauppauge, NY

Enrollment Fee: None (normally \$49.99)

Monthly Membership Fee: \$31.99 (normally \$39.99)

No annual contract is required

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Keith Ginsberg, General Manager
631-316-0006
completeathleteperformance@gmail.com

POWERHOUSE GYM MILLER PLACE

275 Route 25A
Miller Place, NY 11764

With One-Year Commitment from 20-49 ESBOCES Employees:

- Enrollment Fee: \$49 per family (same household when enrolled together) (normally \$99)
- Monthly Membership Fee for Gym and Classes: \$27.99 (normally \$29.99)
- Monthly Membership Fee for Gym, Classes, Tanning, Infrared Sauna, Kidz Club, Towel and Locker Service: \$37.99 (normally \$39.99)
- Additional Family Member (Add-on Service – Gym Only): \$19.99
- Yearly Enhancement Fee: \$39 per family

With One-Year Commitment from 50+ ESBOCES Employees:

- Enrollment Fee: \$49 per family (same household when enrolled together) (normally \$99)
- Monthly Membership Fee for Gym and Classes: \$22.99 (normally \$29.99)
- Monthly Membership Fee for Gym, Classes, Tanning, Infrared Sauna, Kidz Club, Towel and Locker Service: \$32.99 (normally \$39.99)
- Additional Family Member (Add-on Service – Gym Only): \$19.99
- Yearly Enhancement Fee: \$39 per family

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Heather Kolsch
631-928-4200
realdealhealth@gmail.com

SPORTIME QUOGUE

2571 Quogue Riverhead Road
East Quogue, NY 11942

Enrollment Fee: \$100

Monthly Membership Fee: \$49 (with a minimum of 20 employees)

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.
No annual contract is required.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Vanessa Heroux
631-653-6767
VHeroux@SportimeNY.com

UNIQUE FITNESS FARMINGVILLE

1191 Portion Road
Farmingville, NY

Enrollment Fee: None

Monthly Membership Fee:

- \$26.99 per month with 12-month commitment (maintenance fee of \$29.99 assessed annually on June 1)
- \$35.00 with no commitment

Paid-in-Full Option: \$330 for 14 months

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:

Sue Smith, Manager

631-696-9100

suesmith.uniquefitness@gmail.com

WORLD GYM BAY SHORE

225 Howells Road
Bay Shore, NY 11706

Enrollment Fee: None

Monthly Membership Fee: 12-month Silver – \$35

(greater discounts are available, depending upon number of enrollees)

12-month Gold (includes unlimited racquetball) – \$49

3-Month Paid In Full Option – Silver \$149; Gold \$169

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:

Robin Montalbano

631-968-8668

robin@worldgymbayshore.com

XSPORT FITNESS

1 Sunrise Mall Drive
Massapequa, NY 11758

Enrollment Fee: None (normally \$149.00)

Card Fee: \$39.95

Monthly Membership Fee: \$39.00

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

No annual contract is required.

For more information, contact:

Rosie Rozos

516-795-5100

Rosie.Rocco@xsportfitness.com

YMCA GLEN COVE

125 Dosoris Lane
Glen Cove

Enrollment Fee: \$25

Monthly Membership Fee: A discount of 20% off full membership rates is being offered. Rates vary as there are many different types of memberships.

Family Members: The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.
No annual contract is required.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:

Katie Vitale, Director of Membership and Customer Engagement

516-671-8270 x 10

katie.vitale@ymcali.org

WORLD GYM CORAM

607 Middle Country Road
Coram, NY

Enrollment Fee: None

Monthly Membership Fees with 12-month commitment:

- Individual (13+ years of age): \$24.99 all inclusive (regularly \$49.00)
- Children 7-12 years of age: \$15.00 when added to parent membership
- Family (two adults and two or more children 7-12 years of age): \$69.00 (regularly \$89.00)

The same discounted membership rates are available for immediate family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Jamie Kopf or Stacey Beck
(631) 732-5500

YMCA

200 West Main Street
Bay Shore

Enrollment Fee: None

Monthly Membership Fee: A discount of 20% off full membership rates is being offered. Rates vary as there are many different types of memberships.

Family Members: The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

No annual contract is required.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:
Shardé Lamneck
631-665-4255 X 114
Sharde.lamneck@ymcali.org

YMCA HUNTINGTON

60 Main Street
Huntington, NY 11743

Monthly Membership Fee:

2 Adults with Children – \$80.00
1 Adult with Children – \$58.40
Adult Couple (18-61 years of age) – \$72.00
Adult (18-61 year of ages) – \$48.80
Senior (62+ years of age) – \$39.20
Senior Couple (62+ years of age) – \$60.80
Student (13-22 years of age) – \$28

The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership. No annual contract is required.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:

Lisa Fascilla

631-421-4242 x 114

Lisa.fascilla@ymcali.org

PATCHOGUE FAMILY YMCA

255 West Main Street
Patchogue

Enrollment Fee: None

Monthly Membership Fee: A discount of 20% off full membership rates is being offered. Rates vary based upon membership type.

Family Members: The same discounted membership rates are available for family members of ESBOCES employees as long as the ESBOCES employee is included in the membership.

No annual contract is required.

ESBOCES employees with current memberships may request an adjustment of their membership fees to match the ESBOCES employee discount by contacting the representative listed below.

For more information, contact:

Loryne Torres

631-891-1800 x 807

Loryne.Torres@ymcali.org