**BOCES Advocacy Day Information**

<table>
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<th>Time</th>
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| 4:15 a.m.     | Sign-in at ISC @ Sequoya (look for your group and meet your teammates)  
Complimentary Breakfast – eat there and/or take with you (provided by the BOCES Educators of Eastern Suffolk – BEES)  
Board the buses                                                                                           |
| 4:45 a.m. sharp! | Buses Depart  
- **Staff bus** stops at Western Suffolk BOCES – Dix Hills  
- **Student Bus** goes straight to Albany – no stops  
- Restroom on bus  
- Snacks/drinks permitted                                                                                       |
| ~8:30 a.m. – Student Bus  
~8:45 a.m. – Staff Bus | Arrive in Albany  
- Safe to leave coats and other items on the bus – whatever you don’t leave on the bus you’ll have to carry  
- Complimentary breakfast in the Prime at the Plaza – formerly known as the Albany Room (provided by New York Stated United Teachers – NYSUT) |
| 10:00 a.m.    | Appointments with Legislators begin                                                                                                                                                                                    |
| 12:00 p.m.    | Lunch and time for tours and museum  
- Food court/restaurants  
- Staff submit receipts to union president for reimbursement  
- Students who pre-ordered a boxed lunch can eat in the cafeteria or get their lunch when re-boarding the bus                         |
| 1:00 p.m. – Staff  
1:15 p.m.  
~5:15 p.m. | Staff back on bus  
Bus departs  
- Stops at Western Suffolk BOCES – Dix Hills  
Arrive at ISC @ Sequoya                                                                                       |
| 2:00 p.m. - Students  
2:15 p.m.  
~6:00 p.m. | Students back on bus  
Bus departs  
Arrive at ISC @ Sequoya                                                                                       |

**Pat McCabe’s cell phone** – 631-379-8135. You can text or call.

**Weather Closing** – In the event of cancellation, an alert will be posted on the ESBOCES Website at [www.esboces.org](http://www.esboces.org).

**Wear proper attire and comfortable shoes** – Business/business casual is good. Dress comfortably, but neatly. You will be doing a lot of walking, so wear comfortable shoes.

**Security** – You should expect airport-like security measures. Be prepared to pass through a metal detector and have your belongings go through an x-ray machine in order to enter the Legislative Office Building. Any items that are sharp or maybe construed as weapons will be confiscated and not returned. Again, you can safely leave items likes keys and tablets on the bus. You should have identification with you.

**Security Time** – The line for security can be very long, so leave yourself plenty of time to pass through this checkpoint in order to be on time for your appointments with legislators.

**Time-saving Elevator Trick** – Legislator’s offices are usually between the 4th and 9th floor of the building. The wait for an elevator going up can be long. Instead of waiting it is often helpful to just take an elevator that is going down and then ride it back up again to your desired floor.

**Stairways** – If you like, you can take the stairs to avoid any wait time for elevators.

**Cell phones** – please remember to turn your devices on “silent” during your appointments.