No Blame No Shame:  
How to Teach Self Responsible Problem Solving 

Presented by Jane Idell, NYS Certified School Psychologist

This workshop presents a didactic approach for teaching positive decision-making and positive problem-solving in challenging situations. Workshop attendees will walk through six lessons which form a visual framework for positive problem solving for use throughout the school year. The lessons can be used to address PBIS at all three tiers. The lessons can also be used to address goals on student IEPs and BIPs.

Learning Outcomes:

- Workshop participants will be able to teach students:
  - How to use a positive approach to teaching self-responsible problem-solving/ Why blame and shame are not part of the problem-solving equation
  - How our thoughts and feelings influence our behavior
  - How to recognize helpful versus unhelpful patterns of thinking
  - Three basic principles for dealing with challenging situations

Workshop participants will learn:

- Why it is important to teach skills proactively – during the incident is not the ‘teachable moment.’
- A problem-solving framework that they can use when debriefing students throughout the school year.
- An organized method for teaching students proactive, positive decision-making skills and reactive, positive problem-solving skills that can be used at all levels of PBIS.

Date: Thursday, June 4, 2020  
Time: 8:30 am – 2:30 pm  
Cost: $95 for subscribers / $150 for non-subscribers  
Audience: Grades 4 – 12 Teachers, Special Ed Educators; Administrators; Guidance Counselors; Social Workers; School Psychologists  
Location: Instructional Support Center @ Sequoya, 750 Waverly Ave, Holtsville  
Register: http://webreg.esboces.org

Jane Idell is a New York State Certified School Psychologist. She has worked with students from Pre-school to High School. She created her Counseling Essentials lessons, a blend of CBT and SEL techniques while working with teen-aged students with emotional and behavioral challenges in residential placement.
**TO REGISTER FOR Eastern Suffolk BOCES WORKSHOPS, REGISTER THROUGH THE ACTIVITY CATALOG**

Check with your district to see if you are a member of Frontline/MyLearningPlan

For Frontline/MyLearningPlan Member Districts AND NON-Frontline/MyLearningPlan Member Districts:

To see available courses and to register:

- Go to the website: [http://webreg.esboces.org](http://webreg.esboces.org)
- Under ‘Search Options’ at the top center, select and check ‘Eastern Suffolk BOCES Professional Development Program’ from the drop down list and click search;
- Workshops are listed in chronological order
- Select the title of the course you would like to enroll in
- Click the ENROLL button at the bottom of the page
- Select the correct login method that applies to you (1) registered user; (2) new user; (3) MyLearningPlan.com user
- After you choose your login method then Enter User Name & Password – select Log in
- Enter and update (if needed) your personal account registration information
- Click Update & Continue
- Select payment method
- Click on the checkbox to agree to the Terms and Conditions regarding registration and/or cancellations – “REGISTRATION AND/OR CANCELLATIONS ARE DUE 10 SCHOOL DAYS PRIOR TO THE EVENT. THE DISTRICT WILL BE BILLED UNLESS CANCELLATION IS RECEIVED.”
- Click SUBMIT
- Select ‘Request Approval’ on the following screen if you are a Frontline/MyLearningPlan district - If you are a Frontline/MyLearningPlan District, and depending on your district, you will need to fill out the next screen titled “Regional Provider Form” making sure to fill out all required information; IF ALL NECESSARY INFORMATION IS NOT ENTERED, A FORM ERROR WILL BE OCCUR AND YOU WILL NOT BE FULLY ENROLLED
- Click SUBMIT once ALL fields are filled out
- If you are NOT a Frontline/MyLearningPlan district, print out the ENROLLMENT FORM and AFTER RECEIVING ADMINISTRATIVE SIGNATURE on this form, fax back to 631-240-8955
- You will receive an e-mail once you are fully registered
- Click RETURN TO MAIN and then LOGOUT to finish the process

**PLEASE NOTE THAT SUBMITTING ONLY AN INTERNAL CONFERENCE REQUEST FORM DOES NOT REGISTER YOU FOR OUR WORKSHOPS/CONFERENCES – IT MUST BE DONE THROUGH THE ESB REGIONAL CATALOG**

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