From Social-Emotional Learning to Mental Health: Addressing a Crisis in Our Schools

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We have no choice: all of us educators must act to counteract the alarming increase in mental health issues, which is bearing down primarily on our students and secondarily on the adults serving and surrounding them. Dr. Daggett and his colleagues at ICLE have searched the nation for the most successful practices to address these difficult challenges. While we are still in the early stages of confronting this crisis, many schools have devised programs that are successfully folding SEL/mental health into learning. Participants will learn from the mistakes of others and gain a toolkit of specific strategies and practices you can use at the classroom, building, and district levels to help our schools become places of wellbeing and health.
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