Together Yet Different: Advanced Resilience Building

Strategies for Educators Post-Pandemic

Presented by Frank Kros, MSW, JD

LIVE ONLINE via ZOOM

COVID-19 drastically changed everyone’s life. While some of those changes will be permanent, most of the students in our schools will return to being together again with us adults. Many, perhaps most, of our students will be very different than when they last left our buildings. The social isolation, economic stress, barriers to resources and enduring uncertainties brought on by the pandemic interventions created a “perfect storm” for the development of anxiety, depression, and even trauma. Children and youth entering the pandemic already vulnerable will likely have suffered most from these new adversities. Inequity in the access to supportive educational, mental health and social services will likely exacerbate their struggles. To meet these dramatic healing needs our children and youth will bring us, helping adults can step-up to this new normal by boosting their resilience building skills. This session will equip educators to respond effectively to the needs students will bring when we regather in school buildings. Educational professionals at all levels can drastically increase student resilience by designing and implementing a resilience-building culture so that can served can heal, grow, learn and thrive. Equally important, participants will be exposed to practices they may currently be using that erode student resilience and lead to poor outcomes. In this workshop, we’ll add to your toolbox by providing concrete strategies for building resilience in the complex post-COVID19 context. These advanced tools will show you how to reconnect, calm, provide clear direction, manage boundaries, and instill hope with your students.

DATES: October 6 & 15, 2020 (must attend both days)
TIMES: 12:00 – 3:00 pm
COST: $250 for subscribers / $299 for non-subscribers
AUDIENCE: K-12 Educators, Social Worker, School Counselors, School Psychologists and support staff
LOCATION: LIVE ONLINE via ZOOM
REGISTER: http://webreg.esboces.org

Frank Kros, MSW, JD, is a career child advocate, who has served as a childcare worker, child abuse investigator, children’s home administrator, consultant, college professor, attorney, writer and speaker. Frank most recently served as president of the Transformation Education Institute (formerly The Upside Down Organization), Director of the National At-Risk Education Network (NAREN) and Executive Vice President of the TranZed Alliance, a multi-service children’s organization headquartered in Maryland. Frank is a worldwide speaker. His engaging presentations focus on “Helping Adults Help Kids” through an understanding of neuroscience and its practical application to everyday practices with children and youth. Frank’s brain-inspired workshops include topics such as trauma responsiveness, poverty and learning, mental health and resiliency, well-being and the developing brain, and extraordinary emotional health for adults serving children and youth. He has presented his workshops at national education, social work and human services conferences, and Frank was awarded a Maryland Governor’s Citation for his presentations on suicide and the adolescent brain. In 2019, he was the recipient of the Advocate of the Year Award from the Maryland State Council on Child Abuse and Neglect and Maryland Essentials for Childhood. Frank is a member of an elite group trained on the Adverse Childhood Experiences Study, or ACEs and added the title of “Master ACEs Trainer” to his bio in 2017. In addition to lecturing nationwide, he co-authored the books Creating the Upside Down Organization: Transforming Staff to Save Troubled Children (2005) and The Upside Down Organization: Reinventing Group Care (2008).
**TO REGISTER FOR Eastern Suffolk BOCES WORKSHOPS, REGISTER THROUGH THE ACTIVITY CATALOG**

Check with your district to see if you are a member of Frontline/MyLearningPlan

For Frontline/MyLearningPlan Member Districts AND NON-Frontline/MyLearningPlan Member Districts:

To see available courses and to register:

- Go to the website: [http://webreg.esboces.org](http://webreg.esboces.org)
- Under ‘Search Options’ at the top center, select and check ‘Eastern Suffolk BOCES Professional Development Program’ from the drop down list and click search;
- Workshops are listed in chronological order
- Select the title of the course you would like to enroll in
- Click the ENROLL button at the bottom of the page
- Select the correct login method that applies to you (1) registered user; (2) new user; (3) MyLearningPlan.com user
- After you choose your login method then Enter User Name & Password – select Log in
- Enter and update (if needed) your personal account registration information
- Click Update & Continue
- Select payment method
- Click on the checkbox to agree to the Terms and Conditions regarding registration and/or cancellations – "REGISTRATION AND/OR CANCELLATIONS ARE DUE 10 SCHOOL DAYS PRIOR TO THE EVENT. THE DISTRICT WILL BE BILLED UNLESS CANCELLATION IS RECEIVED."
- Click SUBMIT
- Select ‘Request Approval’ on the following screen if you are a Frontline/MyLearningPlan district - If you are a Frontline/MyLearningPlan District, and depending on your district, you will need to fill out the next screen titled "Regional Provider Form” making sure to fill out all required information; IF ALL NECESSARY INFORMATION IS NOT ENTERED, A FORM ERROR WILL BE OCCUR AND YOU WILL NOT BE FULLY ENROLLED
- Click SUBMIT once ALL fields are filled out
- If you are NOT a Frontline/MyLearningPlan district, print out the ENROLLMENT FORM and AFTER RECEIVING ADMINISTRATIVE SIGNATURE on this form, fax back to 631-240-8955
- You will receive an e-mail once you are fully registered
- Click RETURN TO MAIN and then LOGOUT to finish the process

**PLEASE NOTE THAT SUBMITTING ONLY AN INTERNAL CONFERENCE REQUEST FORM DOES NOT REGISTER YOU FOR OUR WORKSHOPS/CONFERENCES – IT MUST BE DONE THROUGH THE ESB REGIONAL CATALOG**

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