



Department of Educational Support Services
presents:

Athletes Helping Athletes

Athletes Helping Athletes (AHA) focuses on sports leadership by conducting educational programs for students, athletes, coaches, officials, administrators, and parents. AHA delivers innovative programs including the Student Athlete Leadership Team (SALT), Sports Parenting Education, and Teaching Achievement and Citizenship through Integrated Communities and School (TACTICS). AHA has been in existence for more than 20 years.

AHA is an organization of helping professionals, professional athletes and high profile amateur athletes dedicated to promoting activities for young athletes that highlight the life lessons and skills inherent in sport so that young people can experience the true value of athletic participation.

In addition, AHA promotes educational programming for parents and coaches emphasizing the importance of their participation in the development of the young athlete.

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