



**Department of Education and Information Support Services**  
presents:

## **Athletes Helping Athletes**

Athletes Helping Athletes (AHA) focuses on sports leadership by conducting educational programs for students, athletes, coaches, officials, administrators, and parents. AHA delivers innovative programs including the Student Athlete Leadership Team (SALT), Sports Parenting Education, and Teaching Achievement and Citizenship through integrated Communities and School (TACTICS). AHA has been in existence for more than 20 years.

AHA is an organization of helping professionals, professional athletes and high profile amateur athletes dedicated to promoting activities for young athletes that highlight the life lessons and skills inherent in sports so that young people can experience the true value of athletic participation.

In addition, AHA promote educational programming for parents and coaches emphasizing the importance of their participation in the development of the young athlete.

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