

## **Directions: Stony Brook University Sports Complex**

### **By Car**

From New York City, take the Long Island Expressway (LIE, I-495) eastbound from the Queens Midtown Tunnel in Manhattan or the Throgs Neck Bridge or Whitestone Bridge in Queens to exit 62, and follow Nicolls Road (Route 97) north for 9 miles. Go past the South Entrance and the Main Entrance. **Turn left into the NORTH ENTRANCE of Stony Brook University. Bear right onto NORTH LOOP ROAD (Signs for the Sports Complex are posted). Make a left onto GYM ROAD and park in the lot on your left.**

### **By Train**

Take the [Long Island Railroad's](#) Port Jefferson line from Pennsylvania Station in Manhattan to Stony Brook. The train station is at the north end of the campus, and bus service to the central campus is provided. Some trains require changing at Jamaica Station and some at Huntington Station.

### **By Ferry**

Car ferries cross [Long Island Sound at Bridgeport, Connecticut to Port Jefferson, Long Island](#) Take Route 25A west to Nicolls Road, and turn left on Nicolls. The University entrances are the first three intersections you come to. From [New London, Connecticut to Orient Point, Long Island](#) Take Route 25A west to Nicolls Road. Proceed on Nicolls Road north for 9 miles. Go past the South Entrance and the Main Entrance. **Turn left into the NORTH ENTRANCE of Stony Brook University. Bear right onto NORTH LOOP ROAD (Signs for the Sports Complex are posted). Make a left onto GYM ROAD and park in the lot on your left.**

### **By Plane**

[Long Island's Islip-MacArthur Airport](#) is 16 miles from the campus and is serviced by direct flights by major airlines and commuter lines. [New York City Area Airports](#) (JFK, LaGuardia and Newark) are 50 miles to the west.

Driving directions to Stony Brook University from Islip-MacArthur Airport: exit the airport via Johnson Avenue. Turn right onto Veterans Memorial Highway (Route 454 West). Turn right onto Lakeland Avenue (Route 93) and right again onto Smithtown Avenue. After crossing the bridge, Smithtown Avenue becomes Ronkonkoma Avenue. Turn right onto Expressway Drive South and take the Long Island Expressway (I-495) east to Exit 62 (Route 97) and follow Nicolls Road north for 9 miles. Follow Directions above.