

EAP Myers-Briggs Type Indicator (MBTI) Learning Styles Workshop Series



There are many models to explain differences in learning styles among students. In an effort to enhance their existing skills, educators continuously explore these models to discover the best ways to meet the needs of each learner.

Through the implementation of this dynamic workshop series, educators will explore the use of an established personality-based method of differentiated instruction – psychological type, designed to expand the educator’s teaching style repertoire to enhance their effectiveness in engaging with students with diverse learning styles.



Psychological type, based on the work of Carl Jung, defines normal differences in the ways information is processed and the ways people make decisions, as well as their styles of interacting in the world. Understanding type concepts enhances the educator’s existing knowledge base by helping to plan for a variety of choices in the classroom that let students stretch to learn new skills while using their strengths to master difficult concepts.

The MBTI Learning Styles workshop series is comprised of five workshops (13 hours) and three homework assignments - for a total of 15 hours:

- I MBTI – Building Self-awareness – This workshop is required as a prerequisite to participate in all MBTI workshops. (3 hours)
- II Learning Styles Part 1 – This workshop focuses on the Energy dimension and E/I strategies. (2.5 hours)
- III Learning Styles Part 2 – This workshop focuses on the Orientation dimension and J/P strategies. (2.5 hours)
- IV Learning Styles Part 3 – This workshop focuses on the Perception dimension and S/N strategies. (2.5 hours)
- V Learning Styles Part 4 – This workshop focuses on the Judgment dimension and T/F strategies. (2.5 hours)

**For more information, or to schedule the “MBTI – Learning Styles”
workshops for your staff, contact your EAP at
(631) 289-0480.**

(Please see reverse side for comments from past workshop participants)

The following quotes describe past workshop participants' responses to the question of how utilizing type theory enhanced the learning climate in their classrooms:

- ***“I feel that instead of throwing a ball into a crowd – I am throwing rice. I am reaching more students than I would normally.”***
- ***“It made me very aware of others’ needs and styles of learning. I understand others better.”***
- ***“Strong student engagement.”***
- ***“You are able to reach more children in many more different ways and on more levels.”***
- ***“Working better together in teams or pairs effectively.”***
- ***“I believe that the level of mutual respect has increased.”***
- ***“Things now are much clearer and safer for the kids who require lots of detail and thinking.”***
- ***“We work together as a team.”***

