

## EAP Eastern Suffolk II Regional Workshop

### WOMEN AND WELLNESS

Presented by Beth Moran, ARNP, Nurse Practitioner

Date: Wednesday, October 7, 2009  
Time: 6:30 – 8:00 PM  
Place: East Hampton Library

**RSVP by 9/30/09**

There are over 52 million internet web sites dedicated to Women and Wellness. With so much conflicting data available, the purpose of this workshop is to clarify some of that information and bridge the gap between Women and Wellness.

### LAUGHTER IS THE BEST REMEDY

Presented by Neil Fenton, Ph.D.

Date: Wednesday, November 4, 2009  
Time: 6:30 – 8:00 PM  
Place: Rogers Memorial Library

**RSVP by 10/28/09**

“Always laugh when you can. It is cheap medicine”... *Lord Byron*  
“Laughter is inner jogging”... *Norman Cousins*

COME JOIN US AND LAUGH TOGETHER!

FOR DIRECTIONS

Call: 631-289-0480



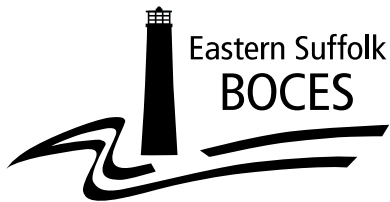
## INTERGENERATIONAL LIVING

Presented by Patti Kelly Barker, MSW; Robin Berger-Gaston, LCSW; and Beth Moran, ARNP

Date: Tuesday, November 10, 2009  
Time: 6:30 – 8 PM  
Place: Quogue Library

**RSVP by 11/3/09**

This workshop will focus on the many issues confronting families that are now living together with more than one generation.



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The BOCES Employee Assistance Program

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